



Charterhouse School Summer Program for Students with Asperger Syndrome

June 28-August 12, 2010 (Monday-Thursday, 8 a.m.-2 p.m.)



The program will operate two classes, one for students ages 11-16 who are focused on transition planning, and another for students ages 17-22, who are focused on transition planning or have already graduated from school with a regular diploma.



The program is operated in partnership with **Commonwealth Autism Service (CAS)** which provides technical assistance, staff development, and clinical support, and is supported by the **GREAT Aspirations Scholarship Program, Inc. (GRASP)** which provides educational planning.

Charterhouse School focuses on meeting four universal developmental needs identified by the Circle of Courage™.

Belonging: *The universal longing for human bonds is cultivated by relationships of trust so that the youth can say, "I am loved."*

- Positive relationships with peers, adults and the community.
- Staff members who will enhance belonging by prompting, encouraging, reassuring, rewarding, and communicating.



Mastery: *The inborn thirst for learning is cultivated; by learning to cope with the world, the youth can say, "I can succeed."*

- Academic support/remediation (English and math).
- Social skills (disability awareness; self-advocacy; interpersonal communication; initiative/dependability; anger management; conflict resolution; self-esteem and self-confidence).
- Pre-employment skills (basic work behaviors, attitudes, and habits; resume writing and interviewing skills; and onsite work experience in our Finance, Marketing, Human Resources, Information Technology, Maintenance, and Food Services departments).



Independence: *Free will is cultivated by responsibility so that the youth can say, "I have the power to make decisions."*

- Independent living skills (culinary arts, organizational skills, personal health care; healthy relationships, money management).
- Leisure skills (exploration of interests and community resources).
- Weekly Individual (30 min.) and group therapy (55 min.).



Generosity: *Character is cultivated by concern for others so that the youth can say, "I have a purpose for my life."*

- Weekly service learning projects designed to help others and to generalize new skills in the community.

Assessment

Beginning with initial student and family consults, assessments, and the subsequent service plan development, the program is designed to assist students in reaching their educational, employment, and independent living goals.

Students are provided ongoing feedback regarding progress towards targeted areas of skill development, in addition to self-evaluations which are shared and discussed. This information is summarized through a weekly feedback process.

A summary of student progress is provided at the end of the program to determine effectiveness of the pre-employment, independent living skills, social skills, and academic interventions.

Referral and Application

Students may be referred by a local school division, family member, or community-based organization or agency. Students may also self-refer.

Students are accepted on a first-come, first-served basis.

For information, contact

- **Brendan Folmar, Principal, (804) 353-4461, ext. 1269**
- **Tonya Salley-Goodwin, Day School Coordinator, (804) 353-4461, ext. 1258**
- **Susan Cross, Executive Services Coordinator, Commonwealth Autism Service, (804) 355-0300**

